Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00pm-12:45pm Sr. Aquacise 18+	12:00pm-12:45pm Adult Lap 18+	12:00pm-12:45pm Sr. Aquacise 18+	12:00pm-12:45pm Adult Lap 18+	12:00pm- 12:45pm Adult Open Swim 18+	10:00-11:30am Adult Open Swim 18+
1:00pm-2:30pm Adult Lap 18+	12:45-2:00pm Adult Open Swim 18+	1:00pm-2:30pm Adult Lap 18+	12:45-2:00pm Adult Open Swim 18+	1:00pm-2:30pm Adult Lap 18+	12:00-3:00pm Youth Open Swim 8-17
3:30-5:30pm Youth Open Swim 8-17	3:00-5:00pm Youth Open Swim 8-17	3:30-5:30pm Youth Open Swim 8-17	3:00-5:00pm Youth Open Swim 8-17	3:30-5:30pm Youth Open Swim 8-17	4:00-5:30pm Youth Open Swim 8-17
5:45-6:45pm Adult Open Swim 18+	5:00pm-5:45pm Learn to Swim 8-17	5:45-6:45pm Adult Open Swim 18+	5:00pm-5:45pm Learn to Swim 8-17	6:00-7:30pm Adult Open Swim 18+	
6:45pm-7:30pm Adult Lap Swim 18+	6:00pm-7:30pm Aquacise 18+	6:45pm-7:30pm Adult Lap Swim 18+	6:00pm-7:30pm Aquacise 18+	5:00-7:30pm Swim Meets 8-17	

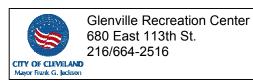


Arts & Crafts Wednesday 12:00-2:30pm

Hip Hop Dance

Wednesday

3:00-8:00pm



SENIOR PROGRAM

Tuesday - Thursday 9:30 a.m. - 11:00 a .m. Aerobics, Indoor & Outdoor Walking, Theater, Social Gatherings, Field Trips, and much, much more.... For more information call 664-2516

Time to Boogie!

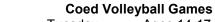
Thursday

Ballroom Dance 6:30-7:30pm



Gymnasiumum Schedule

All children 7 years old and under 4 feet tall must be accompanied and supervised in the water by an adult. Two children per adult.



Tuesday Wednesday Thursday

Ages 14-17 Ages 8-11

Ages 12-14

5:00-7:30pm

5:00-7:30pm 5:00-7:30pm

Coed Flag Football

Tuesday- Thursday

Sr. League

Jr. League

Midget League

Ages 8-15 (September—October) 5:00pm-7:30pm



Martial Arts Monday & Tuesdays 5:30-7:30pm 8-17

Boxing Monday - Friday 4:30-7:30pm All Ages

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12:00pm-2:30pm Adult Open Gym 18+	12:00-2:30pm School Group 13-17	12:00pm-2:30pm Adult Open Gym 18+	12:00-2:30pm School Group 13-17	12:00pm-2:30pm Adult Open Gym 18+	10:00-11:30am Pee Wee Program 4-7
3:30pm - 5:30pm Youth House League Basketball 8-15	3:00pm - 5:00pm Youth Open Gym 8-17	3:30pm - 5:30pm Youth House League Basketball 8-15	3:00pm - 5:00pm Youth Open Gym 8-17	3:00pm - 5:00pm Youth Open Gym 8-17	12:00-2:30pm Basketball Fundamentals 8-17
5:45pm-6:45pm Coed Volleyball Practice (Oct- Dec) 12-14	5:00-7:30pm Kickball (Nov-Dec) 8-14	6:00-7:30pm Adult Open Gym 18+	6:00-7:30pm Exercise Class 18+	5:00-6:00pm Pin Dodge 8-14	3:30-5:30pm Open Gym 8-17
6:45-7:45pm Open Volleyball +18				6:00-7:30pm Adult Open Gym 18+	

Italicized programs begin in late Fall